

Nutrition Facts

Serving of 1 oz. (28.3g)

1 Cracker Sheet = 2.60 oz. (73.71g)

Amount Per Serving of 1 oz.

Calories = 110 Calories from Fat = 15

% Daily Value*

Total Fat 1.5g **2%**

Saturated Fat <0.5g **0.5%**

Trans Fat 0g **0%**

Cholesterol 0mg **0%**

Sodium 180mg **8%**

Total Carbohydrate 19g **6%**

Dietary Fiber 1g **5%**

Sugars 2g **2%**

Protein 5g **10%**

Vitamin A 0% • Vitamin C 4%

Calcium 0% • Iron 8%

The above facts are derived from analysis of these cracker breads.

Ingredients: Enriched (niacin, iron, thiamine, mononitrate, and riboflavin) white flour made from wheat kernels, not preserved, not bleached, not bromated, pure Clover honey, pure Sesame oil, sesame seeds, salt, and yeast.